



## Cerebral Palsy Care

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## Testimonials

1. "My name is Toni, and my daughter is Libby.

We began attending the Centre for one session a week, increasing to two sessions a few months later. The improvement that Libby has made is incredible and the education that it has given my family and me has been invaluable. We have learnt to adapt the smallest of tasks for Libby, which will encourage her to use her left hand rather than her right, or sit in a certain position, which will encourage her balance. We spend every opportunity to get her to work at what she is doing, it has become second nature and Libby is thrilled at her achievements.

Without the help and support of CPC's Learning Centre, I feel that we would be nowhere near where we are today. If we had known about it sooner we would probably be even further in her development. The Conductive Education has enabled Libby to become independent, it has taught her that she can reach goals that we thought were unachievable, and it has greatly improved her self-esteem. We have great hope for Libby's future with the continued support from the Learning Centre for as long as we possibly can."

2.  
*"I was first introduced to The Learning Centre when Karen was 11 months old. It was only two months earlier that both my husband and I were told that Karen had cerebral palsy.*

*At that time we did not really know so much about this condition or what we could do to help Karen. We quickly realised that she would be unable to do many things that other children and their parents took for granted.*

*I will never forget the day I went to watch a group working through a routine at The Centre. I went alone and saw children with similar disabilities to Karen doing all kinds of wonderful things. Everyone was happy and all singing nursery rhymes.*

*They had a star and all the children loved touching it. Some took longer than others to reach this star but they all achieved it in the end. You could see the joy on their faces.*

*From then on I knew that here were some people who actually wanted to help Karen and encourage all the things that she could do, rather than point out all the problems and things that she was unable to do.*

*The next week Karen came with me to The Learning Centre for her first sessions, where all of the children were the same age. You soon forget that they each have disabilities because everyone treats them as 'normal'. I must admit it took Karen a couple of weeks to get used to The Centre. It was a new experience for her; she was not used to different people moving around her. Very soon it became part of our life and every week she began to enjoy it more and more, especially popping the bubbles!*

*My friends soon noticed that Karen's personality had changed. She became a happy baby and let people hold her without crying all the time, which was something we had not been used to. Karen became much more aware of what was going on around her and started to realise that she could use her hands.*

*I would thoroughly recommend people to go and watch what goes on, and with patience what can be achieved. It is very difficult to explain what the Learning Centre does, but I know that it has helped Karen become a happy and intelligent little girl, who now enjoys her life far more by the little things that she and I have learnt. The team do a tremendous job and have so much advice that I just couldn't get anywhere else.*

*At the end of the class Karen is always worn out but I can tell she has loved her time there and always looks forward to her next class".*

### 3.

"My son Alfie has a diagnosis of cerebral palsy and disordered developmental progress. He has severe learning difficulties affecting all areas of his development. Luckily we found out about CPC when Alfie was 20 months old. Alfie and myself have attended sessions at the centre on a regular basis ever since. (Alfie is now 5 years old)

The holistic approach covers many aspects including potty training, drinking, feeding, choosing, communicating, physiotherapy etc. The staff at CPC knows Alfie very well and includes many aspects within each session, helping both Alfie and ourselves to progress forward. This improves Alfie`s quality of life in the short and long term. My own confidence in my ability to look after Alfie and help his progress has been greatly improved.

Sadly our PCT had serious funding issues, and although the NHS staff did their best, the service they were able to offer was fragmented and decreasing - which saddened them as well us. Although CPC is a local charity they were able to offer much more help and support for Alfie, myself and our family than local services were at that time. I know Alfie would not have made so much progress without the involvement of CPC.

Alfie was referred to a special needs nursery, which he attended for nearly a year. The nursery is attached to the special needs school which Alfie now attends. The staff at CPC has a good relationship with the nursery and the school. We are able to work together to help Alfie to progress as much as possible. CPC continue to play an invaluable part in Alfie`s life.

Thank you very much CPC for your dedication, time and knowledge. You have made a huge difference to Alfie`s life and that of his close family."